



**Self-Determination Local Advisory Committee Meeting  
Thursday, October 24, 2024 - 4:00pm-5:30pm**

**MEETING NOTICE/DRAFT AGENDA**

**\*Meeting is open to the public – all are welcome to attend\***

**PLEASE NOTE**

There will be a public comment period at the *beginning* of the meeting to provide guests an opportunity to address the committee.

After that time, the committee will be conducting business and will NOT be engaging with guests.

Questions can be submitted to through the “Chat” feature and will be recorded.

**SDLAC Members:**

Jennifer Walsh (Chair/Self-Advocate) - present

Sascha Bittner (Self-Advocate)

Elizabeth Grigsby (GGRC Consumer Rights Advocate/Self-Advocate) – present

Alejandro Gastelum (OCRA-Attorney/Clients’ Rights Advocate) - present

Alyson Sinclair (Parent Advocate) - present

Christine Kantor (Parent Advocate)

Ken Parekh (Parent Advocate) - present

Brenda Bachechi (Community Advocate/Provider)

Sandy Chin (Parent Advocate) - present

Barclay Lynn (Advocate) - present

Aparna Kommineni (Advocate) - present

**SCDD Advisor:**

Sheraden Nicholau (SCDD-Regional Manager, Bay Area Office) - present

**GGRC Advisors:**

Eric Zigman (Executive Director) - present

Lisa Rosene (Director, Regional Center Services) - present

Lop Hou (CFO) - present

Juliet Sousa (SDP Supervising Social Worker) - present

Meghan Reynard (SDP Supervising Social Worker)  
Kori Mason (Participant Choice Specialist) - present  
Janika Jaramillo (Participant Choice Specialist)  
Angelina Demetry (SDP Team) - present  
Anh Nguyen (Recording Secretary)

**Guests:**

Debra Adler – parent  
Alia Barksdale – mother, 13 year old son  
Chris Aguire – DDS

- I. Welcome/Call to order (Walsh)
  - a. Roll call (Nguyen)
  - b. Approval of Agenda (Walsh) M/S, Ken, Alyson
  - c. Approval of Minutes (Walsh/All) M/S, Ken, Alyson
  
- II. Funding to Support Implementation of the Self-Determination Program - (Walsh/Hou)
  - a. GGRC's SDLAC spending plan update after workgroups meet

Lop reported there hasn't been any new spending since last month.

Ken talked about how his subcommittee is ready to set up some contracts.

III. PUBLIC COMMENT

- a. Comments are limited to FOUR minutes per speaker on items not on the agenda, 20 minutes total.
- b. We welcome critiques and feedback but ask speakers refrain from personal attacks on individuals or the committee.
- c. The committee will not be responding to comments but may address them further down in the agenda or in future agenda items.

Debra Adler – shared Nicole's successes from three years in the program, still a little bumpy and problems with FMSs but overall good. Nicole spoke at Queens College in New York. Nicole's website is [www.nicoleforlove.com](http://www.nicoleforlove.com), you can see her short film, First X on there.

- IV. Discussion and review of SDLAC Committee membership  
We've had our working groups for awhile now, but so today we want to make it easier. Hopefully we can work around what's getting in the way of the workgroups.

Alyson – added on to the equity and coordination committee with Christine and Liz, but we haven't met yet. What is really the goal for that committee?

Ken – provided a way that the subcommittee he chaired to help guide the process of keeping committee members accountable, who's doing what, who's on point with the various meetings, roles and responsibilities.

Liz – doesn't mind doing outreach and telling people about SDP, just needs to know when to narrow down to when/how.

Ken – What would the outreach look like?

Lisa – Israel was part of the original SDP put through three families and they're doing numerous outreach activities in the community.

Aparna shared comments about disparity and invisible/visible disabilities and the challenges.

Anh will provide a directory for members to contact one another. Sheraden just notified members that they need to make sure they stay under five people per workgroup for compliance with open meeting laws.

V. Discussion for November and December meeting dates

M/S, Liz, Ken to move the meetings to the third Thursday of both months

VI. SDLAC Funded Projects (Walsh)

Bay Area SDP Website Committee

Jennifer - Making progress

Ken – Good meeting with Christine and had made recommendations to clean things up and updated.

SDP Updates in Case Management Manual

Forms will be up on OIC by November 1. Staff have been overwhelmed with all of the orientation facilitation, on boarding, case management, development of forms and all of the documentation. Ken asked about public information, Juliet mentioned that the flowchart and certain forms can/will be made available to public, IFs, families and others.

SDLAC-funded data support temporary position and update

Angelina reported that she's been collecting data and sending documents to DDS by reaching out to families, staff and social workers. She shared the statistics about SDP in real time. Takes about 2 months to one year to get through the process, some cases take longer than others. Sheraden mentioned looking at median time for onboarding is better than the average. Kori shared that there are a variety of factors that can delay progress. Lisa said there's no way to track things except for the raw data except to try and follow people. Aparna's comment was we're in a digital age, if

we can put a lot on the websites. Put resources for FMSs and IF directories and let families problem solve if they aren't being responded to.

Sheraden shared SCDD/DDS link that included demographic information statewide:

<https://scdd.ca.gov/wp-content/uploads/sites/33/2024/07/DDS-Update.pdf>

VII. SDLAC Workgroup Reports

Participant Onboarding (Ken/Sascha)

Meeting with Support for Families and Pragnya and hoping to have more information to report in November. There's a lot of work that needs to go in and coaching, not just for participants to support vendors and IFs, social workers. Ongoing trainings and workshops for others. Begin engaging the whole community. Increase the number of GGRC eligible clients for SDP, which is a stretch with current resources, but let's try harder. We can hopefully offload some work for social workers and take on more with SDP.

Outreach and Equity Coordination (Christine/Alyson/Elizabeth)

Best Practices (Brenda/Sandy)

VIII. SCDD Update (Nicholau)

IX. GGRC SDP Team Update (Sousa/Reynard)

- a. Participant data points: number of persons currently enrolled, number of participants in the process, how long participants have been enrolled GGRC Updates
- b. Review of GGRC's SDP Orientation post-participation "packet" of information (SDP Team)

X. GGRC Updates (Zigman)

XI. Disability Rights California Update (OCRA)

XII. Adjourn