



**Self-Determination Local Advisory Committee Meeting
Thursday, November 20, 2025 - 4:00pm-5:30pm**

MEETING NOTICE/DRAFT AGENDA

Meeting is open to the public – all are welcome to attend

PLEASE NOTE

There will be a public comment period at the *beginning* of the meeting to provide guests an opportunity to address the committee.

****We honor confidentiality and you can make public comment anonymously.****

After the public comment period, the committee will be conducting business and will NOT be engaging with guests.

Questions can be submitted to through the “Chat” feature and will be recorded.

SDLAC Members:

Jennifer Walsh (Chair/Self-Advocate) - present
Sascha Bittner (Self-Advocate) - present
Elizabeth Grigsby (GGRC Consumer Rights Advocate/Self-Advocate)
Kristin Zlogar (OCRA-Attorney/Clients’ Rights Advocate) - present
Alyson Sinclair (Parent Advocate) – present (4:45)
Christine Kantor (Parent Advocate)
Ken Parekh (Parent Advocate) – present
Brenda Bachechi (Community Advocate/Provider)
Sandy Chin (Parent Advocate) - present
Barclay Lynn (Advocate) - present
Aparna Kommineni (Advocate)

Partners:

Sheraden Nicholau (SCDD-Regional Manager, Bay Area Office) - present
Department of Developmental Services – Chris Aguire
Olga Maldonado, SFF - present
Patricia Idrugo, FRC
Pragnya

GGRC Partners:

Eric Zigman (Executive Director) - present
Lisa Rosene (Director, Regional Center Services) - present
Lop Hou (Chief Financial Officer)
Angelina Demetry (SDP Support) - present
Anh Nguyen (Recording Secretary)

Guests:**Todd Kyger****Amelia Eddelmann, Lionheart****Debra Adler**

- I. Welcome/Call to order (Walsh) (10 minutes)
 - a. Roll call (Nguyen)
 - i. Guest introductions are optional
 - b. Approval of Agenda (Walsh) – M/S, Ken, Sascha – unanimous
 - c. Approval of Minutes (Walsh/All) – M/S, Ken, Sascha - unanimous

- II. Funding to Support Implementation of the Self-Determination Program (Walsh/Hou) (5 minutes)
 - a. Update on GGRC's SDLAC expenditures
Lop shared a written report/update on the committee's expenditures.

- III. PUBLIC COMMENT (20 minutes)
 - a. Comments are limited to FOUR minutes per speaker on items not on the agenda, 20 minutes total.
 - b. We welcome critiques and feedback but ask speakers refrain from personal attacks on individuals or the committee.
 - c. The committee will not be responding to comments but may address them further down in the agenda or in future agenda items.

Debra Adler: Congratulations to Sascha for the appointment and sworn in to the SCDD and appreciation for service. Nicole volunteers at the food bank with a friend named Alex. What do you think of the SDP vs. traditional service systems? "I'm doing what I want to do and have more independence." Alex felt the same. Nicole's "No No Show" last Thursday interviewed Jackie Speier and seeing Nicole's team watching her flourish, Nicole is thriving in SDP.

- IV. GGRC SDP Team Update (Rosene) – (10 minutes)

- a. Participant data points: number of persons currently enrolled, number of participants in the process, how long participants have been enrolled
- b. SDP Regional Resource Fairs – report out on San Francisco, Foster City, Marin

Jump in participation in November with 10 December starts. All Resource Fairs were very well attended. Angelina presented the update report. More people in SDP than some larger regional centers. Hiring another PCS and inviting Michelle, the new fiscal PCS to join.

- V. Discussion and review of SDLAC Committee Centered Plan (Parekh) – (10 minutes)
- Ken shared an updated draft of the plan. Ken asked Eric about interpretation funds for IFs. Eric said we'll need more conversation and definitely is behind supporting more language help, but how it would be managed and operationalized (calling/scheduling of interpreters). Conversation will taken offline to a smaller group. Sheraden said we can't do interpretation on 1:1 because small group technical assistance clinics with IFs and native language/interpreters could be helpful. Possible partnerships with RCEB; they put out an RFP to have someone go through and conduct a landscape assessment of IFs in the region to update languages/expertise/life stages. Do we know the IFs in the area? Helps with training and addressing gaps. How do we increase the number of Cantonese/Spanish speaking AND knowledgeable of GGRC IFs.

Great job for everyone and Angelina on the three resource fairs. Is there a way to donate excess meals to shelters or food banks? Recordings for future events are in consideration. Olga suggested virtual resource fairs.

- VI. SDLAC Workgroup Reports (10 minutes)
- Participant Onboarding (Ken/Sascha)
 - Outreach and Equity Coordination (Christine/Alyson/Elizabeth)
 - Best Practices (Brenda/Sandy)

- VII. SCDD Update (Nicholau) – (5 minutes)
- Thanks to GGRC for the resource fairs. Working with DDS on orientations, attendance remains strong. December 2nd is next statewide SDP meeting. Orientations are tracked for attendees and DDS will be going back to the way they're sharing information with the regional centers about who's going through orientation.

- VIII. GGRC Updates (Zigman) – (5 minutes)
- Waiting for DDS to send out directives – cost effectiveness, spending plans, construction of budgets and be declarative and translate them into policies to implement. Rolling update, still on track for launching an accessible, better communication network of GGRC's website. WID is doing user testing and working with providers, families, providers and the board to have a website that makes more sense and contemporary. February is target launch.

IX. Disability Rights California Update (OCRA) – (5 minutes)

Thank you for hosting the resource fair in Marin. People stopped by the OCRA table and received good information.

X. Adjourn

Next Meeting: Thursday, December 18, 4:00 PM – 5:30 PM

*****PLEASE NOTE THE DATE CHANGE*****