



Golden Gate Regional Center

Supporting Lives of Liberty and Opportunity

Board Member Training Plan **and Schedule for** **Calendar Year 2025**

Golden Gate Regional Center

Board Member Training Plan and Schedule - CY 2025

Board members at Golden Gate Regional Center (GGRC) receive a variety of educational and training experiences aimed at developing and deepening their knowledge of:

- The Developmental Disabilities Services System in California
- The Operations of GGRC and Community Services & Supports
- Civil Rights and Social Justice Issues Related to Persons Served
- The Operations of the Board of Directors, its Meetings and Committees
- Board Members Critical Role in the Governance of GGRC

To accomplish this, Board Members receive training in a variety of ways, including:

- 1) New Board Member Orientation
- 2) Training & Education Presentations at Board Meetings
- 3) Annual Board Training on Cultural Diversity
- 4) Board Retreat Training on the Roles and Responsibilities of Board Members
- 5) The Association of Regional Center Agencies' ARCA Academy

#1 New Board Member Orientation

Frequency: Within the first 90 days after the election to the Board. Trainer: Eric Zigman,
Executive Director

Duration: 2-3 hours

Subjects:

- 1. The Structure and Purpose of a 501c3**
 - a. Corporate Status
 - b. Nonprofit Status
 - c. Public Benefit Purpose

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2. Board Structure and Purpose

- a. Articles of Incorporation
- b. Bylaws
- c. Committee Structure/Committee Charters
- d. Terms
- e. Officers
- f. Taking Actions as a Group – Voting

3. Role and Duties of a Board Member

- a. Governance & Operations
- b. Duties of Loyalty, Obedience and Care
- c. Liability Protection – Directors and Officers Insurance
- d. Lanterman Act Obligations
- e. Medicaid Disclosure Form Requirement
- f. Leaving a Legacy

4. GGRC Board Binder

- a. Review of all sections
- b. Accessing resources

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#2 Training & Education Presentations at Board Meetings (Issues Spotlights and “Pocket” Trainings.)

A great deal of Board education and group learning occurs monthly at the GGRC Board of Directors meetings. The Executive Committee of the Board takes leadership each summer in planning the “Spotlight” training that will be presented each month (see current calendar year list below). This training often focuses on how regional center systems and support services work. In our community, the State Council on Developmental Disabilities provides training on various important topics, often approaching them from a social justice, advocacy, and action framework. Topics usually match the Board's “Spotlight” education topics at each meeting, emphasizing advocacy actions that can be taken relative to the issues.

Trainers: Issues Spotlights Provided by Various Experts (See List Below) and Pocket Trainings Provided by Sheraden Nicholau, Bay Area Office Manager, State Council on Developmental Disabilities

Frequency: Monthly (except July, August, and December, as GGRC’s Board does not have meetings in those months) for both Spotlights and Pocket Training

Duration: Spotlights – 20-40 Minutes each month; Pocket Trainings 10-15 Minutes each month

#4 Board Retreat Training on the Roles and Responsibilities of Board Members

Trainer: The NEO Law Group, Erin Bradrick, Attorney

Frequency: Annual or Biennial

Duration: 2 hours

In annual summer Board Retreats, GGRC’s Board of Directors retains the services of attorneys familiar with nonprofit governance laws and best practices -- as well as regional center legal and contractual obligations -- to provide board members training and discussion on their roles and responsibilities as board members. Currently, the board is utilizing the services of The NEO Law Group in San Francisco. Erin Braddock, a partner at The NEO Law Group, provided the last retreat training and covered the following topics:

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- Nonprofit & 501(c)(3) basics
- Role of the Board of Directors
- Committees
- Directors' Fiduciary Duties
- Director Liability Considerations
- Conflicts of Interest
- Regional Center Specific Requirements (Contractual & Statutory)
- GGRC's Whistleblower policy (including the Board's role in implementing the policy)

#5 The Association of Regional Center Agencies' ARCA Academy

Trainers: Various

Frequency: Annual

Duration: Approximately 6 hours of training

In February 2020, GGRC supported five board of directors' members of ARCA Academy, an all-day conference aimed at training regional center board members from across the state. The sessions focused on a variety of highly relevant topics: 1) The Regional Center –DDS Contract, 2) Financial Oversight, 3) Futures Planning, 4) The Money (regional center budgets), 5) Working Together (productive board culture and discussions), 6) Board Procedures & Policies.

In April and May 2023, GGRC supported four board of directors' members in attending ARCA Academy, which focused on Themes and Trends in Developmental Services and Board Member Recruitment and Retention.

In February and June 2024, GGRC supported two Board of Directors' member in attending ARCA Academy focused on Partners in Policymaking and "Future is Now".

The full Archive of Completed ARCA Academy Trainings can be found here:

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<https://www.cal-collab.net/web-academies/>

2025 Scheduled Trainings:

1) January 2024

Issues Spotlight: The Challenges and Opportunities Facing GGRC" (GGRC's Senior Directors' Panel)

2) February 2024

Issues Spotlight: GGRC's Workforce Development Efforts: Employment Services and Support (Sean Galvin and Julian McCarthy)

3) March 2024

Issue Spotlight: Advocacy for GGRC (Community, Legislative and Governor) and Role of Board Members in the Community (Audrey deChandandes, Eric Zigman, Kelly Blankenship and Edith Arias)

4) April 2024

Issue Spotlight: Mental Health and Forensic Issues (Panel Members: Julie Jumisko- Stein, Jeff Kellar, Alvaro Tapia, Sulma Chavez and Stephanie Parker)

5) May 2024

Issue Spotlight: Service Access and Equity Efforts at GGRC

6) June 2024

Issue Spotlight: Performance Measures (Service Providers and Regional Centers)

6) September 2024

To be determined

7) October 2024

To be determined

8) November 2024

To be determined