



# Getting Started with the Self-Determination Program (SDP)

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## Attend Self-Determination Plan (SDP) Orientation

- Sessions are available every month

TIME: 2-3 HOURS

### Acronyms to Know:

- PCP: Person-Centered Plan
- SW: Social Worker
- POS: Purchase of Service
- FMS: Fiscal/Financial Management Service
- RCS: Regional Center Services
- IPP: Individual Program Plan

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## Person-Centered Plan (PCP)

- Identify your PCP Provider
- Social Worker (SW) processes PCP POS if needed.
- PCP provider meets individual/family.
- PCP Provider completes write-up.

TOTAL TIME TO COMPLETE: ~1 MONTH

### Choosing Fiscal Management Service (FMS)

You may consult with FMS' to ask questions.

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## Individual Budget Development

- Social Worker obtains individual's last 12-months expenditures.
- Planning Team meets.
- RCS Director reviews and signs/certifies.
- Individual/Family reviews and signs/certifies.

MEETING TIME: ~1-2 HOURS

*May need more time if there are items requiring more discussion.*

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## Spending Plan

- Planning Team discusses and agrees to services for spending plan.
- Spending plan spreadsheet written. *Note: Most FMS agencies have a spread sheet template, but expect individual/family, Regional Center staff, and/or Independent Facilitator to complete it.*
- **GGRC SDP Team reviews and signs it.**
- Then, individual/family/legal rep signs.

TOTAL TIME: ~1-2 HOURS (DEPENDS)

SW emails signed budget, 12-month expenditure sheet, and signed spending plan to GGRC's SDP Accounting Dept before submitting POS's; stops any current, applicable POS's\*\* and submits 2 FMS POS's\*\*\*

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## Connect with FMS Agency of Choice to register and onboard providers and complete your SDP IPP

- Planning Team re-convenes to confirm plan and complete any IPP details.
- IPP is written by SW using spending plan and PCP. IPP states the FMS agency, FMS model, and type of services which will be funded by your SDP Budget and FMS fees funded by GGRC.
- Attach PCP and Spending Plan to your IPP

SW changes individual's service delivery type in GGRC's information system from Traditional to SDP.

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## Begin using your SDP budget!

*\*\*Except SSP Restoration; CIE (Competitive Integrated Employment); PIP (Paid Internship Program); insurance co-payments, deductibles or co-insurance; and rental/lease payments consistent w/ W&I Code section 4689(i).*

*\*\*\*Always to start 1st of the month*

For more information, visit [GGRC.org/self-determination-program](http://GGRC.org/self-determination-program)