

Self-Determination Local Advisory Committee Meeting
Thursday, April 18, 2024 - 4:00pm-5:30pm

MINUTES

Meeting is open to the public – all are welcome to attend

SDLAC Members:

Jennifer Walsh (Chair/Self-Advocate) - present
Sascha Bittner (Self-Advocate) present
Elizabeth Grigsby (GGRC Consumer Rights Advocate/Self-Advocate)
Alyson Sinclair (Parent Advocate) - present
Christine Kantor (Parent Advocate) present
Ken Parekh (Parent Advocate) present
Brenda Bachechi (Community Advocate/Provider) - present
Sandy Chin (Parent Advocate) – present
Alexjandro Gastelum - Present

SCDD Advisor:

Sheraden Nicholau (SCDD-Regional Manager, Bay Area Office) - present

DDS Representative:

Chris Aguire - present

GGRC Advisors:

Eric Zigman (Executive Director)- present
Lisa Rosene (Director, Case Management) - present
Juliet Sousa (SDP Supervising Social Worker) - present
Kori Mason (Participant Choice Specialist)- present
Janika Jamarillo (Participant Choice Specialist) present
Meghan Reynard - present
Anh Nguyen (Recording Secretary) - present
Aria Alokozai (Recording secretary) - present

Guests:

Beth
Rosie Lasca

Shasha shared that she would like to add “SDLAC Committee co-chair position” as an agenda item in the next SDLAC committee meeting.

- I. Welcome/Call to order (Walsh)
 - b. Approval of Agenda (Walsh) M/S Alex, Ken
 - c. Approval of Minutes (Walsh/All) M/S Shasha, Brenda

- II. Funding to Support Implementation of the Self-Determination Program for Fiscal Year 2021-22 - (Walsh)
 - a. GGRC's SDLAC spending plan update after workgroups meet.
Shasha: Are we up to date for invoice for website and other coordination work?
Eric shared that we are up to date as of our last meeting.

Anh's contract for the case management manual:

Anh shared that the contract has been signed, and it has been handed to Juliet. Juliet shared that the contract has been processed and completed. Anh will be getting access to everything regarding SDP processes and procedures. Juliet shared that Jackie Law will be made aware of this and that the team has been meeting regarding this.

- III. Participant/Family/Public Feedback on SDP (All)
There were no public comments.

- IV. SDLAC Workgroups (Walsh/Nicholau)

Workgroups report out:
Participant Onboarding
Outreach and Equity Coordination
Data Coordination
Best Practices
Bay Area SDP Website Committee

Outreach and Equity Coordination

Lisa shared that NeuroNav can provide SDP coaching for individuals over 40 and the committee may want to focus on individuals 40 and under.

Sharden shared the SDAC workgroup information.

Data Coordination Support

Members: Connie and Alyson

- Assisting with processes and tools in partnership with GGRC so that GGRC and the SDAC can more easily monitor and track people's progress transitioning to SDP.
- Using data to identify and address bottlenecks and specific barriers to people transitioning to SDP and enjoying their SDP year to year.
- Statewide SDAC data collection (bi monthly?)

(No potential projects as of yet)

Best Practice Workgroup

Members: Brenda and Sandra

- Meeting quarterly with the Chair of the GGRC SDAC to compile and prepare both best practices and promising practices of the SDAC and region.
- Submitting these best and promising practices on the statewide platform.

Outreach & Equity Coordination Support

Members: Christine and Elizabeth

- Making information and resources accessible and of interest to different communities.
- Making SDAC meetings more accessible and engaging for participants and community members.
- Targeting outreach to underserved communities.

Potential Projects for exploration:

- Bay Area Website maintenance and translation (no LMS).
- Translation of GGRC SDP Materials.
- Interpretation at SDAC meetings and at meet and greets.
- Individual, Drop In, and Cohort Coaching for SDP participants.

Christine shared that there are some disconnects in the outreach and equity coordination support project and wants to make sure that the barriers are addressed.

Lisa shared that there was an article about the Latino and Latinx population being underserved in SDP which she shared with Israel who have been identifying barriers for SDP. If the committee wants to put a specific RFP for the

Spanish Latinx population, Lisa is willing to do the work with Israel and help develop an RFP and present to the group.

Ken shared that a survey was sent to make sure what would be useful and to validate what the priority and the real needs are in this group. Ken also shared that the group is talking about a regular monthly session to provide input and guidance for the group and can use coaching from a third party moderately and we add that in the RFP.

Lisa shared that trust is a big issue in the Latinx community and there is a deep distrust in any agency that are affiliated with the government. Lisa suggested applying for grants for this project. Lisa also shared all SDP materials/trainings session have been translated into Spanish in plain language by Israel's group.

Christine suggested scheduling a time to meet with Elizabeth to collaborate on this project. Elizabeth will share her contacts with Christine so they can connect.

Eric shared that he would check in with Sean Galvin who is responsible of RFPs and can go over how to complete the process.

Sharden shared SDAC implementation fund spending plans/outlines for each SDAC: <https://scdd.ca.gov/wp-content/uploads/sites/33/2024/04/Regional-Center-Implementation-Fund-Spending-Updated.pdf>

Questions and Answers followed.

Best Practices Workgroup Updates:

Ken shared the following updates regarding Best Practices workgroup.

CURRENT PROJECTS FOR CONSIDERATION

1. Funding an SDP learning manual for GGRC social workers & updating GGRC website – approved and underway (starting 4/1/24 – Anh Nguyen – updating Case Mgmt. manual)
 - Consider adapting this manual/information/flowchart for use by IF's and communicating processes/practices to practitioners
2. Hold regular virtual meetings to share:
 - OPTION 1: Alternating SDPLAC meetings (one month business, one month broader forum) or
 - OPTION 2: Extending monthly SDPLAC mtg by 30 min, invite all participants to join after the business meeting and consider focused single topic per meeting (also consider contracting 3rd party (Neuronav) to moderate/facilitate group discussion/group coaching)
 - OPTION 3: Separate 3rd-party moderated monthly SDP best practices session

- Use the discussion to cover the following:
 - GGRC best practices (& best practices from other RC's/DDS)
 - GGRC specific processes/contacts/vendors/IF's/FMS's/timelines
 - Advanced or focused SDP training on different topics (working with FMS, Spending plan development, annual renewals, etc.)
 - Discuss new DDS memos/SCDD directives/updates to GGRC services/processes/practices
 - Sharing FAQ's / flowcharts / timelines / Info on avail resources
 - SDP orientation & Ongoing support

3. Utilize a Survey Monkey to confirm needs & priorities from the SDP community
 - Get survey examples (and lessons learned) from other RC's (RCEB, etc.) – Jennifer/Sheraden
 - Develop draft survey – Ken



- Confirm if there is an email list of all GGRC clients who expressed interest/oriented in SDP or current SDP participants – Jennifer/Meghan
- Should we collect success stories as well as additional needs?
- Should we get input from FMS, IF's, Social workers, Participant Choice Specialists? Or only SDP participants?
- Plan to get this set up and sent out by end of April 2024 and have input by May meeting
- We could confirm the current projects or poll on additional needs (see next page)

Ken asked if the committee has any feedback and if they are in support of the process/practices that was proposed.

Elizabeth suggested looking at the collaboration piece to see what's working for other regional centers and how long they have worked on this. Lisa encouraged the committee to invite Katie Hornberger, DDS Ombudsperson to come to the SDAC meeting to discuss such topics.

Alyson shared that putting up survey monkey through GGRC to collect information from all SDP participant is a great idea.

Brenda also suggested doing the survey monkey. She also suggested meeting about the survey before sending it out to add questions about best practices and success stories and use them to add to the website.

The committee discussed ideas with regards to getting the survey out to the SDP participants.

Alyson suggest having two surveys for participants who are enrolled but have not yet starting the process and another survey to the broader community in order to solicit different information from the community as well as informing them about some of the available resources.

V. SCDD Update (Nicholau)

Sharden shared that the Statewide SDP advisory committee met on 15th. She also shared the following link <https://scdd.ca.gov/ssdac/> which include all updates.

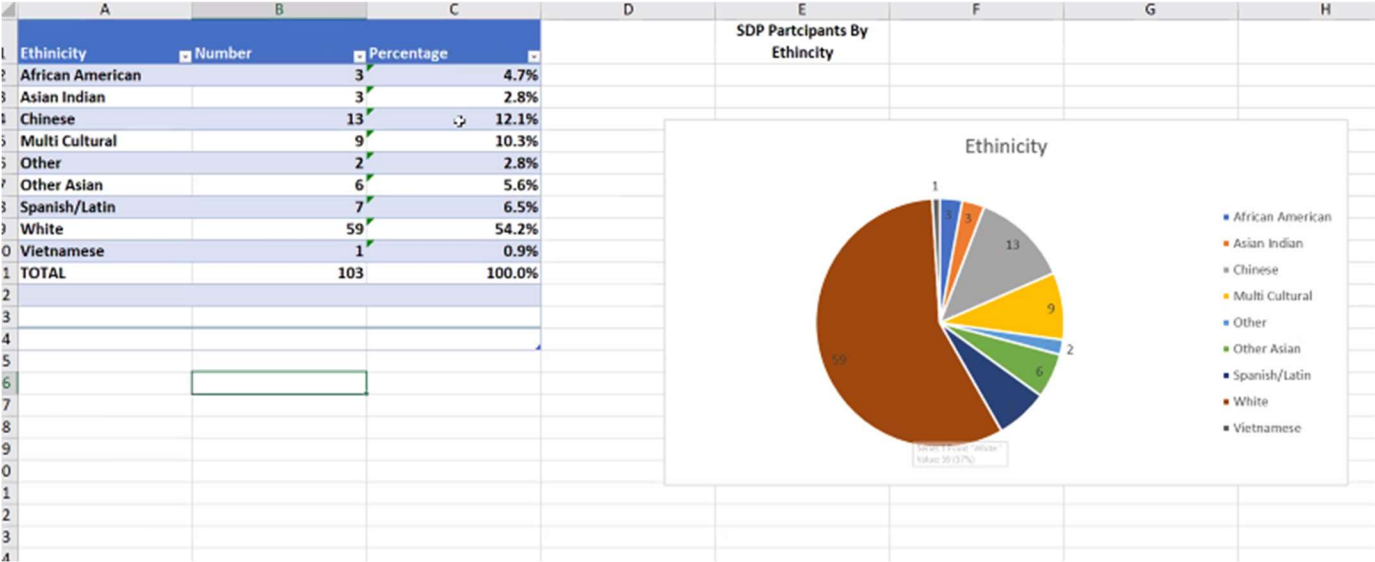
Question and Answers followed.

VI. GGRC SDP Team Update (Sousa/Reynard)

- a. Participant data points: number of persons currently enrolled, number of participants in the process, how long participants have been enrolled GGRC Updates (Zigman)
- b. GGRC's SDP Orientation post-participation "packet" of information
- c. Update on putting together the GGRC Social Worker SDP resources file.

Juliet shared we have a lot of people who are starting the process. She also shared the following updates regarding numbers on SDP.

There are 146 SDP participants in GGRC and there are total over 4000-5000 in SDP with regional centers statewide. Lisa shared there will be more focus on Spanish speaking participants.



VII. Disability Rights California Update (OCRA)
No update this month.

VIII. Adjourn

Next Meeting Date: Thursday, May 16, 4:00pm – 5:30pm